



## FEBRUARY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegetable soup w/noodle Stew veal w/potatoes Fruit -2-	Pinto beans w/vegetables Fish figurines w/salad Fruit -3-	Creamed vegetables & broccoli Garlic Chicken w/ fresh tomato Fruit -4-	Rice w/cod Marinade pork loin w/salad Fruit -5-	Macaroni au carbonara w/ bacon Boiled eggs w/fried tomato Yoghurt -6-
Courgette cream Meatballs jardinière Fruit -9-	Tossed salad Paella valenciana Fruit -10-	Julienne soup w/star pasta Battered sole w/ fresh tomato Fruit -11-	Simple lentil soup w/chorizo Ham croquettes w/salad Fruit -12-	<b>Bank Holiday</b> -13-
Yangzhou rice San Jacobo w/salad Fruit -16-	Potatoes w/ ribs and vegetables Bones removed sardines w/fresh tomato Fruit -17-	White beans w/vegetables Pastries w/salad Fruit - 18-	Thick vegetable soup Pork meat w/tomato Fruit -19-	Spaghetti w/chorizo Boiled turkey sausages w/lettuce Yoghurt -20-
Pumpkin cream Sajonia loin w/salad Fruit -23-	Fideuá w/chicken and vegetables Squids w/tomato Fruit -24-	Cocido Fruit -25-	Green beans w/ham Eggs and sausages Fruit -26-	Riojana potatoes Battered sole w/salad Yoghurt -27-

Gluten intolerance students will have gluten free pasta

Legume allergy students will have rice



LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
Sopa de picadillo c/fideos Ternera estofada c/patatas Fruta -2-	Judías pintas c/verduras Figuritas de pescado c/ensalada Fruta -3-	Crema de verduras y brócoli Pollo al ajillo c/tomate natural Fruta -4-	Arroz c/bacalao Cinta de lomo c/ensalada Fruta -5-	Macarrones c/bacon a la carbonara Huevos cocidos c/tomate frito Yogur -6-
Crema de calabacín Albóndigas a la jardinera Fruta -9-	Ensalada mixta Paella valenciana Fruta -10-	Sopa juliana c/estrellitas Lenguado a la romana c/tomate natural Fruta -11-	Lentejas c/chorizo Croquetas de jamón c/ensalada Fruta -12-	<b>FIESTA</b> -13-
Arroz tres delicias San Jacobo c/ensalada Fruta -16-	Patatas c/ costilla y verduras Sardinas sin espinas c/tomate natural Fruta -17-	Judías blancas c/verduras Empanadillas c/ensalada Fruta - 18-	Puré de verduras Carne de cerdo c/tomate Fruta -19-	Espaguetis c/chorizo Salchichas de pavo cocidas c/lechuga Yogur -20-
Crema de calabaza Lomo de Sajonia c/ensalada Fruta -23-	Fideua c/pollo y verduras Calamares c/ tomate Fruta -24-	Cocido completo Fruta -25-	Judías verdes c/jamón Huevos y salchichas Fruta -26-	Patatas a la riojana Lenguado a la romana c/ensalada Yogur -27-

Intolerancia al gluten tomarán pasta sin gluten  
Alérgicos a la legumbre tomarán arroz