



| LUNES   | MARTES  | MIÉRCOLES   | JUEVES   | VIERNES   |
|---|---|---|--|---|
|   | Pasta a la carbonara<br>Lenguado c/ ensalada<br>Fruta<br>-7-                  | Ensalada campera<br>Alitas de pollo al ajillo<br>Fruta<br>-8-                                   | Lentejas c/ puerro y<br>zanahoria<br>Tortilla de jamón y<br>queso<br>Fruta<br>-9-            | Judías verdes c/ jamón<br>Ternera en salsa c/<br>champiñón<br>Yogur<br>-10-   |
| Arroz c/ tomate<br>Huevos y salchichas<br>Fruta<br>-13-                       | Crema de calabacín<br>Filete de pollo<br>empanado c/ lechuga<br>Fruta<br>-14- | Cocido completo<br><br>Fruta<br>-15-  | Fideua c/ verduras y<br>baicon<br>Figuritas de pescado c/<br>tomate natural<br>Fruta<br>-16- | Sopa juliana c/<br>estrellitas<br>Hamburguesas c/<br>ketchup<br>Yogur<br>-17- |
| Sopa de ave c/fideos<br>Albóndigas a la<br>jardinera<br>Fruta<br>-20-         | Paella mixta<br>Empanadillas de atún<br>c/ ensalada<br>Fruta<br>-21-          | Puré de verduras<br>Carne de cerdo c/<br>tomate frito<br>Fruta<br>- 22-                         | Macarrones c/ carne<br>picada<br>Rabas c/ ensalada<br>Fruta<br><br>-23-                      | Lentejas c/ chorizo<br>Salchichas de pavo c/<br>ketchup<br>Yogur<br>-24-      |
| Espaguetis c/ chorizo<br>Lenguado a la romana<br>c/ ensalada<br>Fruta<br>-27- | Cocido completo<br>Fruta<br>-28-  | Arroz tres delicias<br>Tortilla de patatas y<br>calabacín c/ tomate<br>natural<br>Fruta<br>-29- | Puré de calabaza y<br>zanahoria<br>Ternera a la jardinera<br>Fruta<br>-30-                   |   |

Intolerancia al gluten tomarán pasta sin gluten  
Alérgicos a la legumbre tomarán arroz



## April Menu

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  |
|---|--|---|--|---|
|   | Pasta au carbonara<br>Sole w/salad<br>Fruit<br>-7-                     | Country salad<br>Garlic chicken wings<br>Fruit<br>-8-                 | Simple lentil soup<br>w/leek & carrot<br>Ham & cheese<br>omelette<br>Fruit<br>-9-    | Green beans w/ham<br>Veal in sauce<br>w/mushroom<br>Yoghurt<br>-10-   |
| Rice w/tomato sauce<br>Eggs and sausages<br>Fruit<br>-13-     | Courgette cream<br>Breaded chicken filet<br>w/lettuce<br>Fruit<br>-14- | Cocido<br>Fruit<br>-15-   | Fideuá w/vegetables &<br>bacon<br>Fish figurines w/fresh<br>tomato<br>Fruit<br>-16-  | Julienne soup w/star<br>pasta<br>Burgers w/ketchup<br>Yoghurt<br>-17- |
| Noodle poultry soup<br>Meatballs jardinière<br>Fruit<br>-20-  | Mixed paella<br>Tuna pastries w/salad<br>Fruit<br>-21-                 | Thick vegetable soup<br>Pork meat w/fried<br>tomato<br>Fruit<br>- 22- | Simple lentils<br>w/chorizo<br>Turkey sausages<br>w/ketchup<br>Fruit<br>-23-         | Macaroni w/mince<br>Squid rings w/salad<br>Yoghurt<br>-24-            |
| Spaghetti w/chorizo<br>Battered sole w/salad<br>Fruit<br>-27- | Cocido<br>Fruit<br>-28-  | Pumpkin and carrot<br>purée<br>Veal jardinière<br>Fruit<br>-29-       | Yangzhou rice<br>Potato and courgette<br>omelette w/fresh<br>tomato<br>Fruit<br>-30- |   |

Gluten intolerance students will have gluten free pasta.

Legume allergy students will have rice.